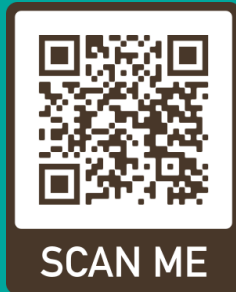




WHO WE ARE

The Prevention Hub of Essex County is hosted by Family Connections ADAPT Coalition and connects residents and professionals with prevention resources and services, building resilience in our local communities.



WHAT WE DO

The Essex County Prevention Warm Line is a clear connection point to access both evidence-based prevention programs for youth and families, as well as information and referral for those in need of assistance with navigating local and state family support services being offered by the Prevention Hub and beyond.

Trained staff are available on weekdays from 9:00 a.m. to 4:00 p.m. excluding holidays to connect callers to local and state-level resources and other supportive services.

our resources

Individual and Family Programs

- PreVenture
- Marijuana/Cannabis Education
- Over-the-Counter Medications
- Strengthening Families

Changing Systems to Promote Youth Wellness

- School and Municipal Toolkits: Marijuana/Cannabis Policy Guidance
- Promoting Screening

ADAPT

Alcohol and Drug Abuse Prevention Team



CONTACT US

 Prevention Warm Line: (862) 338-5412

 familyconnectionsny.org/adapt/preventionhub

 preventionhub@familyconnectionsny.org

 7 Glenwood Ave., Suite 106, East Orange, NJ 07017

follow us



#essexadapt

YOU ARE NOT ALONE. HELP IS AVAILABLE.

MENTAL HEALTH & ADDICTION RESOURCES



988 Suicide & Crisis Lifeline

988 988lifeline.org

The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States. We're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.

ReachNJ

(844) 732-2465

ReachNJ is a central call-in line for New Jersey residents who are looking for help with a substance use disorder (SUD). Each call to ReachNJ is answered by a live person in the first 30 seconds. Trained staff will screen callers to identify their exact needs, and are able to provide referrals to supportive services and a seamless connection to a local treatment provider. ReachNJ serves NJ residents of all ages regardless of insurance status or ability to pay.

PerformCare

(877) 652-7624

PerformCare provides a family-centered, community-focused single point of entry for New Jersey's eligible children and families to obtain available behavioral health, substance use treatment, and developmental disability services.

2nd Floor Youth Helpline of NJ

(888) 222-2228 (call or text) www.2ndfloor.org

2NDFLOOR is a confidential and anonymous helpline for New Jersey's youth and young adults (ages 10-24). Youth who call are assisted with daily life challenges by professional staff and trained volunteers.

NJ Mental Health Cares Line

(866) 202-HELP (4357) www.njmentalhealthcares.org

Behavioral Care Specialists use their experience and understanding of the behavioral health system to provide emotional support and referral services for issues related to COVID-19 and other mental concerns. Help is available 7 days a week, 8 am to 8 pm.

NJ Quitline

1-866-NJ-STOPS (1-866-657-8677) www.njquitline.org

A trained Quit Coach who has years of counseling experience will listen – without judgment – and help you to create a plan for quitting smoking, including how to cope with cravings and ways to avoid slips and relapse. Nicotine patches are available for eligible callers.

This is QUITTING

Text VAPEFREENJ to 88709

Free text message program from the Truth Initiative designed to help young people (ages 13-24) quit vaping incorporates messages from other young people who are attempting to or have successfully quit.

Resource Page provided by the Essex County ADAPT Coalition

familyconnectionsny.org/adapt

