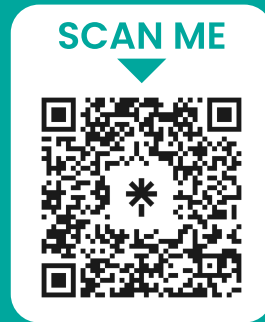




WHO WE ARE

The Prevention Hub of Essex County is hosted by Family Connections ADAPT Coalition and connects residents and professionals with prevention resources and services, building resilience in our local communities.



WHAT WE DO

The Essex County Prevention Warm Line is a clear connection point to access both evidence-based prevention programs for youth and families, as well as information and referral for those in need of assistance with navigating local and state family support services being offered by the Prevention Hub and beyond.

Trained staff are available on weekdays from 9:00 a.m. to 4:00 p.m. excluding holidays to connect callers to local and state-level resources and other supportive services.

our resources

Individual and Family Programs

- PreVenture
- Marijuana/Cannabis Education
- Over-the-Counter Medications
- Strengthening Families

Changing Systems to Promote Youth Wellness

- School and Municipal Toolkits: Marijuana/Cannabis Policy Guidance
- Promoting Screening

ADAPT

Alcohol and Drug Abuse Prevention Team



CONTACT US

 Prevention Warm Line: (973) 323-3566

 familyconnections.nj.org/adapt/prevention-hub/

 adapt@familyconnections.nj.org

 7 Glenwood Ave., Suite 101, East Orange, NJ 07017

follow us



#essexadapt

YOU ARE NOT ALONE. HELP IS AVAILABLE.

MENTAL HEALTH & ADDICTION RESOURCES



988 Suicide & Crisis Lifeline

Dial 988 or visit [988lifeline.org](https://www.988lifeline.org)

The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States. We're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.

ReachNJ

1-844-REACHNJ (1-844-732-2465) [reachnj.gov](https://www.reachnj.gov)

NJ's 24/7 Addiction Helpline. ReachNJ is a central call-in line for New Jersey residents who are looking for help with a substance use disorder (SUD). Each call to ReachNJ is answered by a live person in the first 30 seconds. Trained staff will screen callers to identify their exact needs, and are able to provide referrals to supportive services and a seamless connection to a local treatment provider. ReachNJ serves NJ residents of all ages regardless of insurance status or ability to pay.

PerformCare

1 (877) 652-7624 [performcarenj.org](https://www.performcarenj.org)

PerformCare provides a family-centered, community-focused single point of entry for New Jersey's eligible children and families to obtain available behavioral health, substance use treatment, and developmental disability services.

2nd Floor Youth Helpline of NJ

1 (888) 222-2228 (call or text) [2ndfloor.org](https://www.2ndfloor.org)

2NDFLOOR is a confidential and anonymous helpline for New Jersey's youth and young adults (ages 10-24). Youth who call are assisted with daily life challenges by professional staff and trained volunteers.

NJ Mental Health Cares Line

1 (866) 202-HELP (4357) [njmentalhealthcares.org](https://www.njmentalhealthcares.org)

Behavioral Care Specialists use their experience and understanding of the behavioral health system to provide emotional support and referral services for issues related to COVID-19 and other mental concerns. Help is available 7 days a week, 8 am to 8 pm.

Trans Lifeline

1 (877) 565-8860 [translifeline.org](https://www.translifeline.org)

Trans Lifeline is run by and for trans people, connecting trans people to the community support and resources needed to survive and thrive and offering direct emotional and financial support to trans people in crisis.

Council on Compulsive Gambling of NJ

1 (800) GAMBLER (426-2537) [800gambler.org](https://www.800gambler.org)

24/7 confidential helpline for disordered gamblers and their loved ones. Whether it's casino gambling, online or sports betting, they can offer you hope and support.

NJ Quitline

1-866-NJ-STOPS (1-866-657-8677) [njquitline.org](https://www.njquitline.org)

A trained Quit Coach who has years of counseling experience will listen – without judgment – and help you to create a plan for quitting smoking, including how to cope with cravings and ways to avoid slips and relapse. Nicotine patches are available for eligible callers.

For more information and resources, visit us at [familyconnectionsny.org/adapt/prevention-hub](https://www.familyconnectionsny.org/adapt/prevention-hub)

