

PreVenture

A Preventive Mental Health Program for Teens
Learn. Live. Thrive.



WHAT IS IT?

PreVenture is an evidence-based prevention program for youth aged 12-18 that uses personality-focused interventions to promote mental health and reduce the risk of substance use.

HOW DOES IT WORK?

Our workshops are designed to help students learn useful coping skills, set long term goals, and channel their personality traits towards achieving them, so that they can thrive in all areas of their lives. Workshops are available in two, 90-minute workshops OR four, 45-minute workshops.



WHY CHOOSE PREVENTURE?

PreVenture has a solid evidence base, having been tested in multiple randomized control trials across the globe. These trials demonstrated that PreVenture delays and/or reduces substance use and mental health problems. It is recognized as an evidence-based program by several authoritative agencies including UNESCO, WHO, UNODC and the US Surgeon General.



SCAN HERE or VISIT
preventureprogram.com
to learn more!

HOW DO I SIGN UP?

Contact us at 973-323-3566 or email us at
adapt@familyconnectionsny.org.