



**family
connections**

**NJ4S
ESSEX**

NJ Statewide Student Support Services (NJ4S-Essex)

Family Connections' NJ4S-Essex offers skill-building groups for youth in grades 6-12. The groups give youth the opportunity to discuss challenges they face with peers in a safe setting and are designed to inspire student success in school and life.

TOPICS INCLUDE:

- Bullying Prevention
- Healthy Connections with Peers
- Healthy Dating and Relationships
- Mental Health and Wellbeing
- Sexual Health and Pregnancy Prevention
- Social and Emotional Wellness
- Support for LGBTQIA+ Youth
- Understanding the Impact of Trauma
- Substance Use Prevention
- Grief Support

Groups will be offered in schools during the day or after school. The groups vary in duration from 45 minutes to 1 hour. The cycles can be 6-12 weeks in length depending on the topic. The school representative will give you additional details on the group topic, meeting time, and duration of the group cycle.

For youth: I hereby consent to be an active participant in NJ4S-Essex groups.

Participant Name (please print): _____

Participant Signature: _____

Date: _____

Date of Birth: _____ Age: _____

Participant's School: _____

Participant's Grade: _____

For parents: I consent for my child to participate in NJ4S-Essex groups.

Parent/Guardian's Name (please print): _____

Parent/Guardian's Signature: _____

Date: _____

Participant's Cell Number: _____

Participant Parent/Guardian Cell Number: _____

Best number to be reached: _____

For further information, contact NJ4S at:
Email: infoNJ4Sessex@familyconnectionsNJ.org
Family Connections NJ4S-Essex
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