



family connections

WHERE HOPE MEETS POSSIBILITY

Who We Are

Family Connections is a leading New Jersey non-profit with 36 different programs to support children, adults, and families. Far too many people in our communities face serious challenges—from trauma and mental illness to substance use, domestic violence, and child abuse. Family Connections is here to make sure no one has to face these challenges alone. Across Northern New Jersey, we deliver counseling, social and emotional skills-building, prevention and training initiatives, programs to strengthen family bonding and reunify families, and more.

Since 1879, Family Connections has proven that communities thrive when everyone is invested in each other's wellbeing.

Our Vision: We see a world where no one faces life's challenges alone—where we all have the opportunities, connections, and resources we need to thrive.

Our Mission: Growth happens here every day. With our counseling, skills-building, training and prevention services, people take control of their own healing and foster connections that make our entire community stronger, safer, and healthier.

Our Core Values: We strive every day to be: Inclusive | Strengths-based | Relationship-driven
Outcome-oriented | Collaborative

Connect with us to build a stronger, safer, and healthier New Jersey.

For anyone seeking services, please call our Main Number and Directory: **973-675-3817**

For more information on specific services, as well as employment and volunteer opportunities, visit our website at: **familyconnectionsnj.org**

Administration

7 Glenwood Avenue, Suite 101, East Orange, NJ 07017

Locations

395 South Center Street, Orange, NJ 07050

7 Glenwood Avenue, East Orange, NJ 07017

122 Irvington Avenue, South Orange, NJ 07079

48 13th Avenue, Paterson, NJ 07504

School-Based Programs

The Den at Bloomfield High School

The Hub at Maplewood Middle School

The Loft at Columbia High School

The Space at Orange High School

The Zone at Orange Preparatory Academy

In-Home, In-Community, and Training Services

Operating throughout Bergen, Essex, Hudson, Hunterdon, Middlesex, Morris, Passaic, Somerset, Sussex, Union, and Warren Counties

Family Connections is licensed by the New Jersey Department of Human Services, and the New Jersey Department of Health. The Agency is a member of the New Jersey Association of Mental Health and Addiction Agencies (NJAMHAA)

ADVOCACY AND TRAINING SERVICES

ADAPT: Essex County Coalition of parents, youth, educators, pharmacists, police, faith leaders, and municipal representatives, to plan and implement projects to prevent underage drinking and reduce misuse of prescription medications by people of all ages.

Culture Connections: Training, coaching, and technical assistance for behavioral healthcare providers and other organizations (including for-profits), to enhance the cultural competence of their leadership and staff and thereby improve services and outcomes.

DOMESTIC VIOLENCE SERVICES

Dreams: Creative arts therapies and concrete support services to strengthen bonding and heal children and their parents who have experienced or witnessed domestic abuse.

EARLY CHILDHOOD SERVICES

Parent Child Interaction Therapy (PCIT): Evidence-based coaching and encouragement for parents of children with behavioral challenges, proven to strengthen parent-child bonding and children's social-emotional development.

Parents as Teachers: Evidence-based in-home family services and peer support for parents – from pregnancy through early childhood, to nurture children's healthy development and school readiness.

Prepare: Evidence-based group activities and individual play therapy to strengthen young children's social-emotional development and coach both parents and teachers on how to enhance children's success – all delivered on-site in partnership with area preschools, including South Ward Promise Neighborhood, at Clinton Hill Community and Early Childhood Center.

FAMILY SUPPORT SERVICES

ARC Grow: Caregiver skills-building to enhance coping skills and resilience in families facing chronic adversity or stress.

Family Crisis Intervention: Crisis stabilization and supportive counseling to improve communications and bonding for children and families referred by Family Court or the community.

Foster Care Support: Holistic, in-home counseling for children and foster parents to maximize successful long-term placements.

Strengthening Families of Essex: Evidence-based parenting and family-strengthening program delivered at convenient community locations throughout Essex County.

Supportive Visitation: A continuum of therapeutic visitation services – in-home and in-community – to safely re-connect families separated due to abuse or neglect.

HOUSING SERVICES

Keeping Families Together: Supportive housing, counseling and care management for families in which parents have a history of child welfare involvement, homelessness, and other stressors.

Youth Supportive Housing: Supportive housing, counseling, care management and career counseling for youth aging out of the child welfare system in Union County, to prevent homelessness and nurture healthy independence.

MENTAL HEALTH AND SUBSTANCE USE SERVICES

Counseling: Mental health treatment, substance use treatment, and co-occurring treatment for both children and adults.

SHARP Adolescent Recovery: A comprehensive, evidence-based program of substance use treatment and life skills training for high-risk teenagers, to encourage healthy choices and goals.

Strong Mothers and Strong Fathers: Two separate intensive outpatient (IOP) substance use treatment programs enhanced with parenting and life skills training.

Wellness House: Intensive outpatient treatment and support services for adults living with serious and persistent mental illness and co-occurring disorders.

OLDER ADULT SERVICES

Caregiver Connections: In home and near-home counseling, advocacy, education and care management for both caregivers of older adults and older adult caregivers throughout Essex County.

Health Education: Evidence-based workshops delivered throughout Essex County to preserve the independence and improve the health and wellbeing of older adults – including *Chronic Disease Self-Management*, *Diabetes Self-Management* and *A Matter of Balance (falls prevention)*.

Outreach and Care Management: In-home and community-based care management and linkage to services for older adults in Essex County to help them get the supports they deserve to remain independent.

VETERANS SERVICES

Mental health and substance use counseling BY veterans and FOR veterans and their families, including specialized services for women veterans only.

YOUTH SERVICES

Family and Youth Support: Intensive in-home counseling for children and emerging adults dealing with high-risk behaviors and/or family conflict.

Help at Home: A range of therapeutic, behavioral management and mentoring services for children with emotional and behavioral challenges, and their families.

Outreach to At-Risk Youth (OTARY): Group counseling for at-risk youth aimed at reducing their risk of teen pregnancy, gang involvement, teen violence and other unhealthy behaviors.

Safe Journeys: Prevention and treatment for youth charged with inappropriate sexual behavior.

School-Based: On-site mental health counseling, life skills training, prevention programming, academic and employment support, after-school enrichment and recreation, in collaboration with school staff and community partners – all designed to improve academic performance and social-emotional growth. *For program locations, see preceding page.*