

Integrated Behavioral Health Services

*Licensed by NJ Division of Mental Health and
Addiction Services & NJ Division of Addiction Services*



**family
connections**

WHERE HOPE MEETS POSSIBILITY

Who We Are

Right now, 1 in 5 of us is living with a mental health or substance use disorder - most likely untreated. **Family Connections' Integrated Behavioral Health Services (IBHS)** is here to help!

As a Certified Community Behavioral Health Clinic (CCBHC), we provide person and family-centered, comprehensive services in a single location. Individuals and families have access to outpatient and intensive outpatient mental health and substance use treatment and support services.



What We Do

- **Certified Community Behavioral Health Clinic**

The purpose of this program is to improve the quality of life by providing services to support the whole person. At our 395 S. Center St. location, individuals and families will have access to a comprehensive collection of culturally and linguistically appropriate services, regardless of their ability to pay or their place of residence.

- Mental Health and Substance Use Treatment
(See below)
- Primary medical health care
- Legal support services
- Linkage to 24/7 crisis services
- Housing support services
- Job readiness
- Individualized care management

- **Mental Health and Substance Use Treatment**

Our mental health and substance use treatment includes individual, group, couples and family counseling as well as co-occurring treatment and psychiatric services.

- *Outpatient and Supportive Counseling Services*

- Outpatient mental health treatment
- Outpatient substance use treatment
- Veterans specific counseling
- Peer Wellness counseling and support services
- Youth Sex Offender Counseling

- *Intensive Outpatient Services*

- SHARP Adolescent Recovery Program
- Parent Specific Intensive Outpatient Substance Use Treatment
- Wellness House IOTSS

Results

Participants in our various programs will:

- Begin their healing journey.
- Improve mental well-being.
- Develop healthy coping skills to support in managing life stressors.
- Attain symptom relief.
- Feel more hopeful about their future.
- Feel more confident in addressing their self-identified goals.
- Develop healthy coping skills to support in managing the effects of secondary trauma, compassion fatigue and burnout.

What Our Clients Are Saying:

“I always feel hopeful after talking through my issues with my therapist.”

“I look forward to the camaraderie in the groups, learning about myself and the staff is so nice and accommodating. I feel good when I’m here and after I leave Family Connections.”

“Coming to Family Connections saved my life. Without their help, I would have been in prison or dead.”

“What I love about Family Connections is it gives me the opportunity to express myself, be myself and not be judged for what I have been through or what I have done. And that is the best part, not being judged, and being around other people that went through the same things I went through and are still fighting.”

We Serve

Our Integrated Behavioral Health Services programs deliver services to children, families, couples and adults, ranging in age from early childhood through older adulthood. Services are available in English and Spanish.

We accept Medicaid, Medicare, various private insurance and sliding scale fees. We offer daytime and evening appointments Mondays-Thursdays, 9am-8pm, and Fridays 9am-5pm. Intakes are available by appointment.

For more information, please contact:

Office: (973) 675-3817

Fax: (973) 673-5782

Integrated Behavioral Health Services are located at:

**395 South Center Street
Orange, NJ 07050**

Funding provided by the New Jersey Division of Mental Health and Addiction Services (NJDMHAS), NJ Department of Children and Families (NJDCF), NJ Parole/Probation, NJ Substance Initiative (NJSI), Substance Abuse Initiative (SAI), Juvenile Justice Commission (JJC), The County of Essex, Medicaid, Medicare and other commercial insurance providers.

Family Connections is a leading New Jersey non-profit with over 30 different programs to support children, adults, and families. Far too many people in our communities face serious challenges—from trauma and mental illness to addiction, domestic violence, child abuse, and systemic racism. Family Connections is here to make sure no one has to face these challenges alone. Across Northern New Jersey, we deliver counseling, social and emotional skills-building, prevention and training initiatives, programs to strengthen family bonding and reunify families, and more. **Since 1879**, Family Connections has proven that communities thrive when everyone is invested in each other's wellbeing.

Our Mission: Growth happens here every day. With our counseling, skills-building, training and prevention services, people take control of their own healing and foster connections that make our entire community stronger, safer, healthier, and more equitable.

Our Vision: We see a world where no one faces life's challenges alone—where we all have the opportunities, equality, and connections, and resources we need to thrive.

Our Core Values: We strive every day to be:
Inclusive | Strengths-based | Relationship-driven
Outcome-oriented | Collaborative

For more information about Family Connections' programs, please visit our website at **familyconnectionsnj.org**.

If you have questions or need assistance, please contact Family Connections at **973-675-3817** or **hope@familyconnectionsnj.org**.



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