

WHAT is NJ4S-ESSEX?

➔ NJ4S stands for *New Jersey Statewide Student Support Services*. Family Connections is the Hub for these Services throughout Essex County.

WHAT are STUDENT SUPPORT SERVICES?

➔ NJ4S-Essex delivers a comprehensive Service Menu of Evidence Based Practices to inspire student success in school and life. Services include individual and group supports for children, teens, their parents, and their educators – all to strengthen:

- Social and emotional wellness
- Substance use prevention
- Healthy connections with peers
- Understanding and coping with trauma – including racial trauma
- Mental health/wellbeing
- Sexual health and pregnancy prevention
- Suicide prevention
- Anti-bullying and violence prevention
- Support for LGBTQIA+ youth
- Other needs identified by students, parents, and schools



Tier 1

services include universal prevention education for students, parents, and school staff in **grades pre-K-12**.

Tier 2

services include more focused group prevention programs for students, parents, and educators in **grades 6-12**.

Tier 3

services include individual and group mental health assessment and counseling for students and families in **grades 6-12**, plus linkage to ongoing treatment.



WHERE and WHEN?

→ NJ4S-Essex includes 50 specially trained prevention and mental health professionals with lived experience in the cultures, languages, and communities we serve. This team is deployed on-site at participating public/charter schools and other community centers.

Each site can pick the services they need from our Service Menu and choose the best times to maximize student and parent access. We operate before, during, and after school, including evenings, weekends, and throughout the summer.

OUR COMMITMENT to EQUITY, INCLUSION, and COMMUNITY VOICE

→ To ensure we truly meet local needs and cultures, NJ4S-Essex is guided by a Community Advisory Board made up of students, parents, educators, and other community leaders.



TO LEARN MORE

→ For more information, please contact us at: infonj4sessex@familyconnectionsny.org.



NJ4S-Essex.org
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