

# Family Preservation Services (FPS)



**family  
connections**

WHERE HOPE MEETS POSSIBILITY

# Who We Are

FPS workers teach families new skills, such as anger management, problem solving and parenting, to help them cope with and make better decisions regarding the problems that led to the risk of placement. FPS workers are available around the clock; as a result, they are able to work with families in their homes during actual crises.

## WHAT PEOPLE ARE SAYING ABOUT FPS:

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*“Our FPS counselor was the best, very understanding without judging, she was very informative.”*

*“Thank you for all your help. Your methods will stay with us ... it's made our family happier.”*

*“FPS is definitely a family saver... a new approach, a breath of fresh air. It is a much needed break with traditional crisis intervention.”*

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# What We Do

**FPS provides intensive, in-home, crisis intervention and family education to families whose children are at risk of out-of-home placement or to families whose children are scheduled for reunification.**

## **PROGRAM GOALS**

- Child Safety
- Family Stabilization
- Placement Prevention
- Improved Family Functioning
- Linkage to Community Resources

## **PROGRAM FEATURES**

### ***Quick Response and Intensive Services***

Initial visits with the family are conducted within 24 hours of referral, and families receive 5 to 20 hours of direct face to face contact each week.

### ***Immediate Accessibility***

Families can contact FPS staff 24 hours a day, 7 days a week.

### ***Family Centered and Strength Based***

Services are designed to engage all family members, to empower them, and to build on their strengths.

### ***Goal Directed and Skill Based Interventions***

Goals are developed with the family to address the problems that led to crisis, and skills are taught in positive ways to improve family functioning.

### ***Time Limited and Thorough Follow Up***

Families receive 4 to 8 weeks of intensive service, and receive a follow up call at 3, 6, and 12 months after completion of the FPS intervention.

# Services

**We can focus on 2 to 4 services:**

- Safety Strategies
- Household Management
- Budget/Finance Management
- Structuring Daily Routines/Time Management
- Concrete Services (food, clothing, etc.)
- Parenting Skills Instruction
- Behavior Management
- Communication Skills
- Anger Management/Conflict Resolution
- Stress Management/Coping Skills
- Support Substance Use Recovery
- Support Mental Health Treatment
- Support Health/Medical Care
- Employment/Job Readiness Skills
- Accessing Community/Natural Resources

*DCP&P is the only referring agency for FPS.*

**Required Forms:** *FPS Referral Form and DCP&P SDM Assessment Form.*

**Process:** *DCP&P Local Office RDS will screen referrals for appropriateness.*

## **Criteria:**

The child can remain safely in the home with intensive services.

The family has agreed to participate.

Other less intensive services will not reduce the risk, or are unavailable.

*FPS is a voluntary program.*

# We Serve

New Jersey FPS County Based Programs  
Located in All 21 Counties. Scan to view:



## Contact Us

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**Family Connections** is a leading New Jersey non-profit with over 30 different programs to support children, adults, and families. Far too many people in our communities face serious challenges—from trauma and mental illness to addiction, domestic violence, and child abuse. Family Connections is here to make sure no one has to face these challenges alone. Across Northern New Jersey, we deliver counseling, social and emotional skills-building, prevention and training initiatives, programs to strengthen family bonding and reunify families, and more.

**Since 1879**, Family Connections has proven that communities thrive when everyone is invested in each other's wellbeing.

### **Our Mission**

Growth happens here every day. With our counseling, skills-building, training and prevention services, people take control of their own healing and foster connections that make our entire community stronger, safer, and healthier.

### **Our Vision**

We see a world where no one faces life's challenges alone—where we all have the opportunities, connections, and resources we need to thrive.

For more information about Family Connections' programs, please visit our website at [familyconnectionsny.org](https://familyconnectionsny.org).

If you have questions or need assistance, please contact Family Connections at (973) 675-3817 or [hope@familyconnectionsny.org](mailto:hope@familyconnectionsny.org).



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